|  |  |  |  |
| --- | --- | --- | --- |
| P3 | 30 Mar | 11:30-12:30 | Eng 英 |
| 姓名(中文) |  | Name(English) | Julie McLaughlin Gray |
| Organization / Affiliation工作機構 | University of Southern CaliforniaMrs. T. H. Chan Division of Occupational Science and Occupational Therapy |
| Title of presentation演講題目 | Managing Chronic Conditions Beyond The Clinic: Lifestyle Redesign® and Telehealth |
| Abstract / ppt摘要 / 幻燈 | *Keynote:**Lifestyle Redesign® is an occupational therapy intervention based upon the findings from the Well Elderly clinical trial completed in 1994-1997 by the Mrs. T. H. Chan Division of Occupational Science and Occupational Therapy.  Occupational therapy practitioners use a lifestyle approach to support individual clients in establishing and maintaining healthy habits and routines while living with chronic conditions.  The approach has been extended to a variety of populations, including chronic pain, weight, diabetes, multiple sclerosis, mental health and more.  Recently, practitioners have been utilizing telehealth to reach a larger and more distributed community of clients, providing them with the opportunity to receive Lifestyle Redesign services for chronic disease management in their own homes.**Education Session:**Impactful curriculum design begins by identifying overarching program outcomes or the knowledge, skills and attitudes graduates should possess. Curriculum design of the entry-master’s program at the Chan Division develops students as leaders, evidence-based practitioners, innovators and life-longer learners with a central focus on occupation. The curriculum incorporates a practice immersion model that integrates classes and fieldwork, blending theory and practice, The curriculum design is complementary with the Division’s four other academic programs, the minor program in occupational science, the post-professional master’s and the post-professional clinical doctorate (OT) in occupational therapy, and the PhD in occupational science.* |