長期照顧服務的理想模式論以職能治療所提供居家式、社區式長期照顧服務(Ideal Model of Long-term Care Services – Home services &Community-based services Provided by OT Clinic)

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長期照顧服務 (Long-term Care Services, LTCS)

- 長期照顧：指身心失能持續已達獲預期達六個月以上者，依其個人或其照顧者之需要，所提供之生活支持、協助、社會參與、照顧及相關之醫護服務。
- (Long-term care means the living support, assistance, social participation, care and relevant health care services in accordance with the needs of any individual whose mental and physical incapacity has lasted or is expected to last 6 months or longer, or the needs of such an individuals care provider.)

長期照顧服務區分 (3 Divisions of LTCS)

- 1. 居家式長期照顧服務 (居家長照，Home Services)
- 2. 社區式長期照顧服務 (社區長照，Community-based Services)
- 3.機構住宿式長期照顧服務 (機構長照 ，Institutional Services)

居家式長期照顧服務 (Home Services)

- 居家式：到宅提供服務。
- (Home services: The services are provided at home.)

居家式長照服務項目
(long-term care services provided at home)

- 身體照顧服務 (Physical services)
- 日常生活照顧服務 (Daily life services)
- 家事服務 (Domestic shore services)
- 餐飲及營養服務 (Food and nutritional services)
- 輔具服務 (Auxiliary appliance services)
- 必要之住家設施調整改善服務 (Necessary home facility adjustment and improvement services)
- 心理支持服務 (Psychological support services)
- 緊急救援服務 (Emergency rescue services)
- 醫事照護服務 (Health care services)
- 預防引發其他失能或加重失能之服務 (Services for prevention of other or aggravated disability condition)

社區式長期照顧服務 (Community-based Services)

- 社區式：於社區設置一定場所及設施，提供日間照顧、家庭托顧、臨時住宿、團體家屋、小規模多機能及其他整合性等服務。不包括機構住宿式服務。
- (Community-based Services: A certain location and facilities are put in place in a community to provide day care, family care, temporary housing, group homes, small-size multi-function services and other integrated services, but excluding Institutional services.)
- Who wrote these?

社區式長照服務項目
(long-term care provided in communities)

- 身體照顧服務 (Physical services)
- 日常生活照顧服務 (Daily life care services)
- 臨時住宿服務 (Temporary housing services)
- 餐飲及營養服務 (Food and nutritional services)
- 輔具服務 (Auxiliary appliance services)
- 心理支持服務 (Psychological support services)
- 醫事照護服務 (Health care services)
- 交通接送服務 (Transportation services)
- 社會參與服務 (Social participation services)
- 預防其他引發失能或加重失能之服務 (Services for prevention of other or aggravated disability condition)

機構住宿式長照服務 (Institutional Services)

- 機構住宿式：以受照顧者入住之方式，提供全時照顧或夜間住宿等之服務。
- (Institutional Services: The persons receiving care move into the long-term care institutions where full-time care or night care services are provided.)

護理機構 (nursing institution)

- 護理機構之服務對象如下：
- 一、罹患慢性病需長期護理之病人。
- 二、出院後需繼續護理之病人。
- 三、產後需護理之產婦及嬰幼兒。
- (Services subjects of a nursing institution are as follows:
- Patients with chronic diseases who needs long-term nursing care.
- Patients who need nursing after being discharge from hospitals.
- Post-partum women and infants who need nursing care after birth.)

- 為減少醫療資源浪費，因應連續性醫療照護之需求，並發揮護理人員之執業功能，得設置護理機構。(To reduce waste of medical care resources, to cope with the demands for continuous medical care and to bring into play the functions of nursing personnel, nursing institutions shall be established.)
- 護理機構應置負責資深護理人員一人，對其機構護理業務，負督導責任。(The nursing institution shall have one qualified senior nurse. He/She shall be in charge of supervising nursing practice in the institution.)
- Institutional services in Taiwan predominantly provided by nursing institutions. What about home services and community-based services?

餐飲及營養服務 營養師 (dietitian)

- 營養師業務如下：
- 一、 對個別對象營養狀況之營養評估。
- 二、 對個別對象營養需求所為之飲食設計及諮詢。
- 三、 對特定群體營養需求所為之飲食設計及其膳食製備、供應之營養監督。
- 四、 臨床治療飲食之設計及製備、供應之營養監督。
- (Tasks of a dietitian are as follows:
- 1. Conducting a nutritional assessment of the health conditions of particular individuals;
- 2. Providing nutritional consultation and designing a diet plan catering to the nutritional needs of particular individuals;
- 3. Designing a diet plan and conducting nutrition supervision of the meal preparation and supply based on the needs of a specific population;
- 4. Designing a therapeutic diet plan and conducting nutrition supervision of the meal preparation and supply.)

心理支持服務 諮商心理 (counseling psychology)

- 諮商心理師之業務範圍如下：
- 一、 一般心理狀態與功能之心理衡鑑。
- 二、 心理發展偏差與障礙之心理諮商與心理治療。
- 三、 認知、情緒或行為偏差與障礙之心理諮商與心理治療。
- 四、 社會適應偏差與障礙之心理諮商與心理治療。
- (The scope of a counselling psychologist’ s professional practice is as follows:
- 1. Psychological assessment of general mental state and functions.
- 2. Psychological counselling and psychotherapy for deviation and disturbances in psychological development.
- 3. Psychological counselling and psychotherapy for deviation and disturbances in cognition, emotions or behaviors.
- 4. Psychological counselling and psychotherapy for deviation and disturbances in social adjustment.)

心理支持服務 臨床心理 (clinical psychology)

- 臨床心理師之業務範圍如下：
- 一、 一般心理狀態與功能之心理衡鑑。
- 二、 精神病或腦部心智功能之心理衡鑑。
- 三、 心理發展偏差與障礙之心理諮商與心理治療。
- 四、 認知、情緒或行為偏差與障礙之心理諮商與心理治療。
- 五、 社會適應偏差與障礙之心理諮商與心理治療。
- (The scope of a clinical psychologist’ s professional practice is as follows:
- 1. Psychological assessment of general mental state and functions.
- 2. Psychological assessment of psychosis or cerebral mental functions.
- 3. Psychological counseling and psychotherapy for deviation and disturbances in psychological development.
- 4. Psychological counseling and psychotherapy for deviation and disturbances in cognition, emotions or behaviors.
- 5. Psychological counseling and psychotherapy for deviation and disturbances in social adjustment.)

醫事照護服務 語言治療 (speech therapy)

- 語言治療師業務如下：
- 一、 構音、語暢、嗓音、共鳴障礙之評估與治療。
- 二、 語言理解、表達障礙之評估與治療。
- 三、 吞嚥障礙之評估與治療。
- 四、 溝通障礙輔助系統使用之評估與訓練。
- 五、 語言發展遲緩之評估與治療。
- 六、 語言、說話與吞嚥功能儀器操作。

醫事照護服務 語言治療 (speech therapy)

- (A speech therapist may conduct the following business
- 1 assessment and treatment of articulation, fluency, voice and resonance disorder
- 2 assessment and treatment of language comprehension and expression disorders
- 3 assessment and treatment of swallowing disorders
- 4 evaluation and training for the use of augmentative and alternative communication system
- 5 assessment and treatment of delayed language development
- 6 operation of instruments with language, speech or swallowing function)

醫事照護服務 職能治療 (occupational therapy)

- 職能治療師業務如下：
- 一、職能治療評估
- 二、作業治療
- 三、產業治療
- 四、娛樂治療
- 五、感覺統合治療
- 六、人造肢體使用之訓練及指導
- 七、副木及功能性輔具之設計、製作、使用訓練及指導。

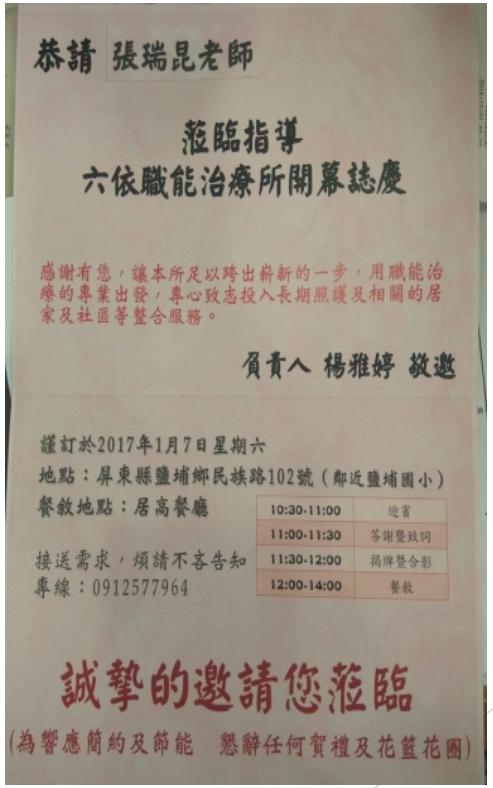
- 作業治療，係指對身體或精神有障礙之病人，依其病情，運用適當之治療性活動，以重建、維持或發展其動作協調能力或心理社會的適應能力之治療行為。
- 例如1對身體有障礙之病人，以運用治療性活動或訓練使用各種功能性輔具、副木、義肢，以重建、維持或增進其生活功能，使能自理日常生活，並能從事工作、休閒及改善其社會適應能力。
- 2對精神有障礙之病人，以運用治療性活動，控制在不傷害他人或病人本身之情況下，幫助病人抒發、傾洩鬱積之情緒；引導病人對外界活動能產生興趣及注意力之集中，把潛力發揮出來，重新建立成就感、自信心，以積極面對現實。
- 產業治療，係指運用生產性、服務性工作及其情境，以改善或增進病人之工作人格、工作習性及工作態度，促進病人回歸社會之就業能力。
- 娛樂治療，係只運用遊戲、康樂、音樂、舞蹈等活動，以鬆弛病人身心壓力並促進身心功能。
- 感覺統合治療，係指運用感覺刺激、感覺動作等活動，以改善或促進病人中樞神經系統之統合作用。

理想模式 (Ideal Model)

資深護理人員負責護理機構(nursing institution)提供機構住宿式服務

營養師負責營養諮詢機構 (nutrition counselling institution)、
臨床心理師負責心理治療所(psychological treatment clinic)、
諮商心理師負責心理諮商所(psychological counseling clinic)
語言治療師負責語言治療所(speech therapy clinic)
職能治療師負責職能治療所(occupational therapy clinic)
皆可以提供居家式以及社區式長期照顧服務

以職能治療所提供居家式以及社區式長照服務 (Home and community-based services provided by occupational therapy clinic)



六依
用專業協助您找尋生活的可能

六依職能治療

程好是ISIS實踐者~
I: Invention
S: Struggle
I: Independent
S: Strong
without
boarder !

參考資料(reference)

- 1. 長期照顧服務法 (Mental Health Act in Taiwan, 2017.1.26)
- 2. 護理人員法 (Nursing Personnel Act in Taiwan,2015.1.14)
- 3. 心理師法 (Psychologist Act in Taiwan, 2016.11.30)
- 4. 社會工作師法 (Social Worker Act in Taiwan, 2009.527)
- 5. 職能治療師法 (Occupational therapist Act in Taiwan,1997.5.21)

謝謝聆聽(Thank you for your participation)
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