



A COMPARISON

of two occupational therapy models



WHAT DOES THE WORLD LOOK LIKE?



wiseGEEK

THE KAWA MODEL



THE KAWA MODEL

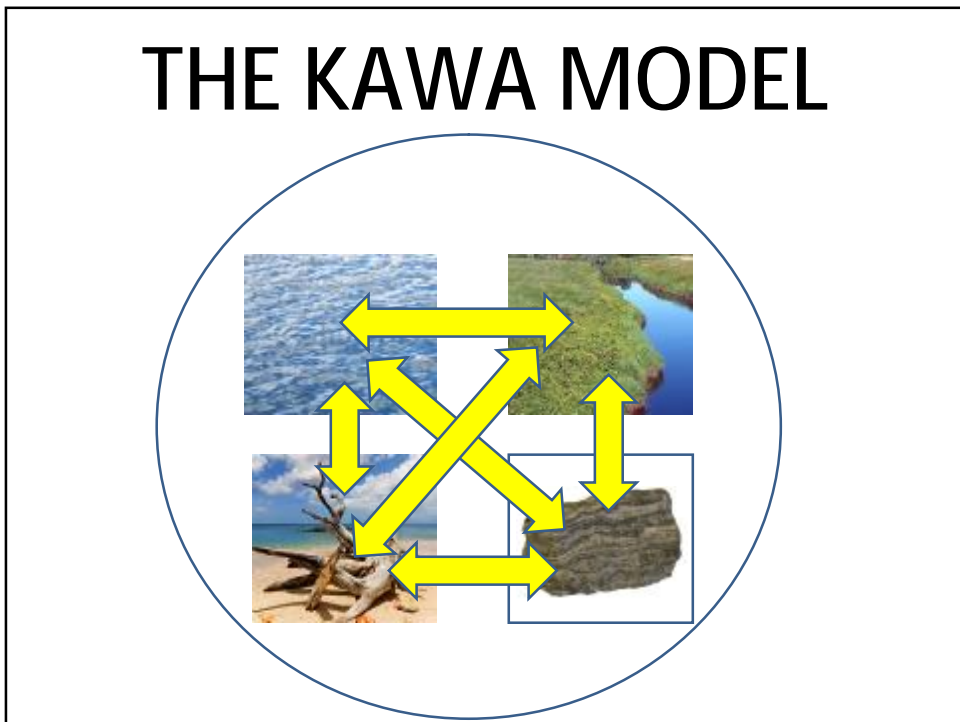
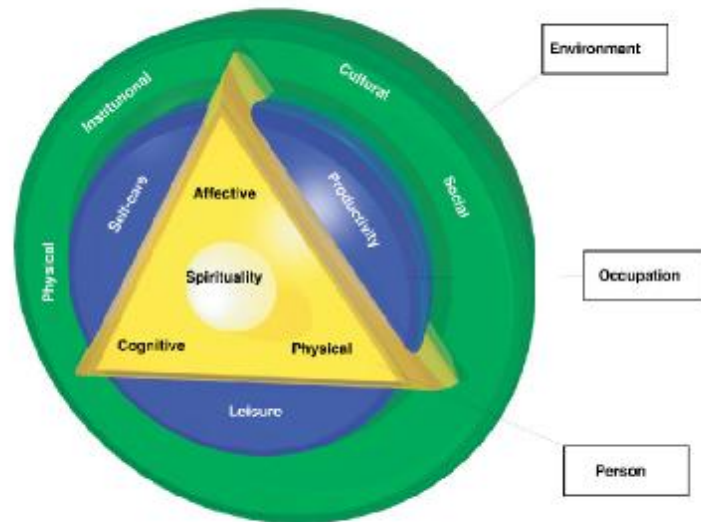
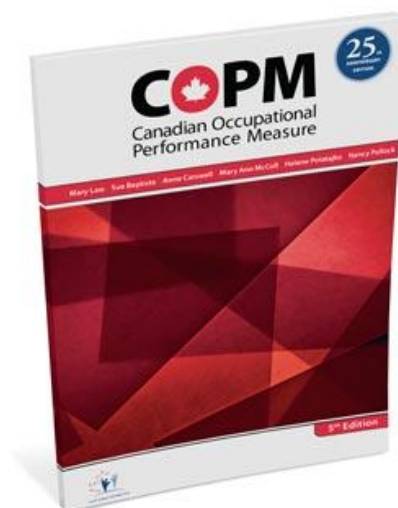
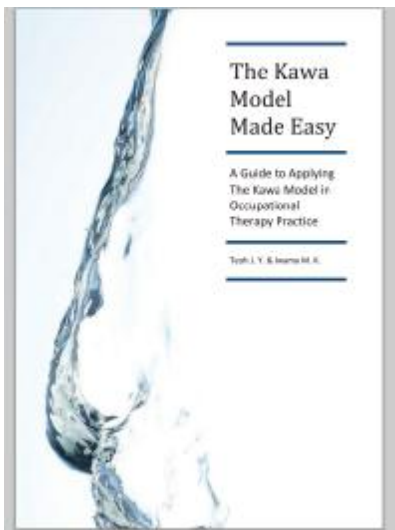


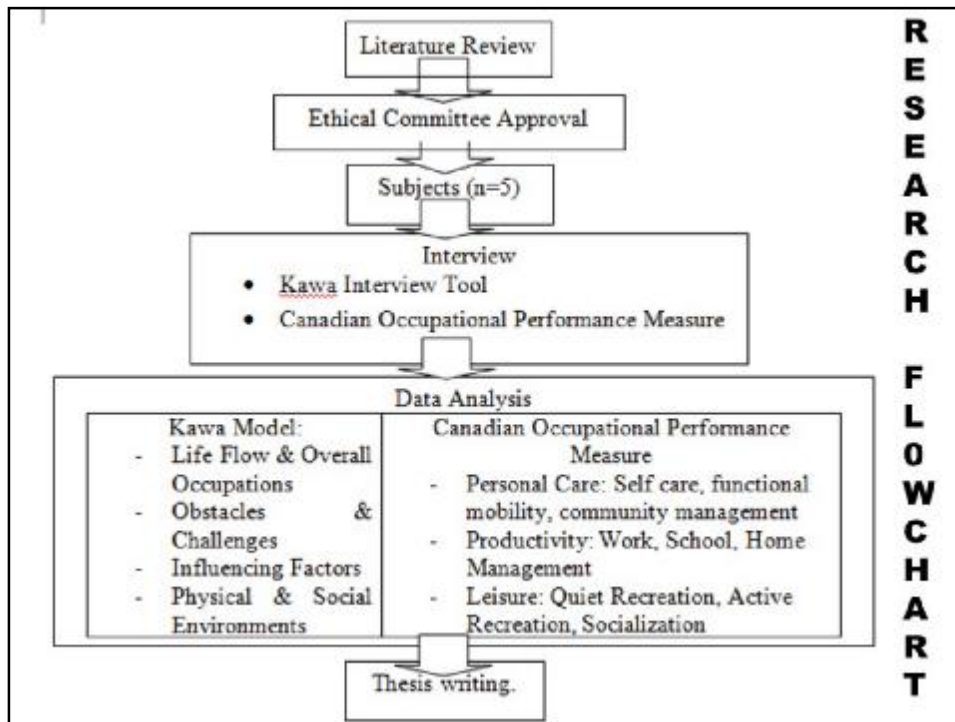
Figure 1: Canadian Model of Occupational Performance



Reproduced from *Enabling Occupation: An Occupational Therapy Perspective*, © CAOT 2002
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Tools





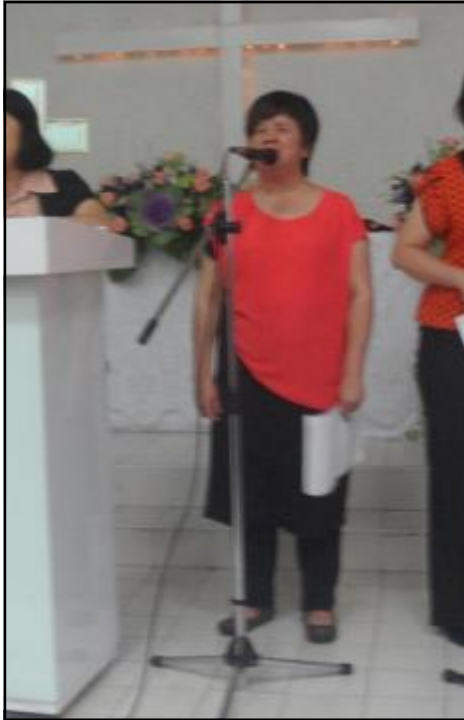
Who?



- Malay, Muslim
- Female, 20s
- Single,
- works at SBM, Brickfields
- from Kelantan,
- living in Wangsa Maju.



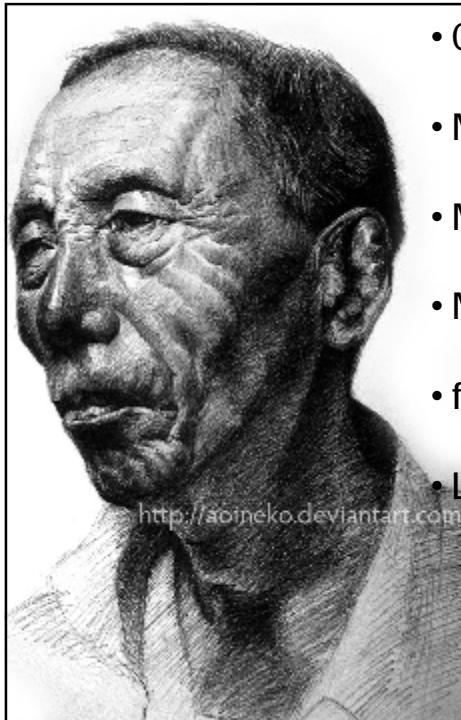
- Chinese, Christian
- Male, 30s
- Single,
- works at SBM, Brickfields.
- from Segambut, KL.
- living in Segambut w/ family.



- Chinese, Christian
- Female, 50s
- Single,
- works as telephone operator,
- from Pahang,
- living in Brickfields w/ friends



- Chinese, Christian
- Male, 40s
- Widowed,
- works as telephone operator.
- from Kepong, KL.
- living in Brickfields w/ friends.



- Chinese, Free Thinker
- Male, 60s
- Married, one daughter (sighted)
- Massage parlour biz with wife.
- from Johor.
- Living & working in Brickfields.



LIFE FLOW: PAST

Narrative focus more on experiences that contributed in forming identity.

Not much mention of impairment.

Focus a lot on school / career.



Focus more on persons and relationships than activities.

LIFE FLOW: PRESENT

Narratives focus more on activities.

Concerns on engagement.

Not focused on the “how”, but the “why” (what they get out of the experience).

Leisure, work, time for loved ones.

A background image showing a calm lake with mountains in the distance under a clear sky. The text is overlaid on a semi-transparent white box.

LIFE FLOW: FUTURE

Connected to age.

20s-30s: aspirations, achievement.

40s-50s: peace and contentment with present, not focused on future.

60s: aging.

A background image showing a rocky shoreline next to a lake, with trees and mountains in the background. The text is overlaid on a semi-transparent white box.

PHYSICAL AND SOCIAL ENVIRONMENTS

Big influence on performance.

Influences decisions about activities and participation.

Relationships within environment can be more important to them than occupations.

Church and blind organisations.



INFLUENCING FACTORS

“Live in the present” – good for emotional wellbeing, negative long term consequences.

Emotional Challenges

- Sense of dignity
- Bible
- Look for silver lining

Improve Performance

- Value success
- Patience
- Determination
- Personality traits



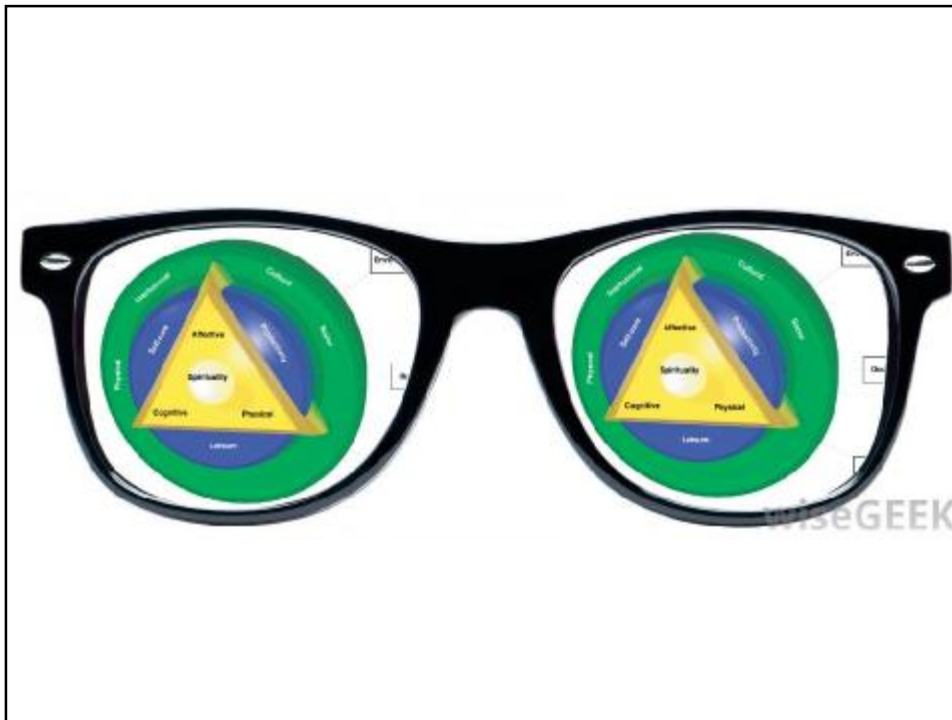
OBSTACLES AND CHALLENGES

Negative attitudes, perceptions, beliefs about impairment

- Self
- Employers
- Family

Work demands

Health, finances (lack of forward planning)



Self Care: Personal Care

Adapted well.

-Change form of activity

- Change attitudes



Self Care:
Functional Mobility

White cane

Safety concerns

Practice

Learn from mistakes



Self Care: Community Management

* Only from the COPM



Challenge: Crowds



Challenge: Large spaces





Challenge:
Motorbikes on pavements

**Challenge: Construction /
Road Works / Bad Roads**



Current Solutions?

Telephone banking.

Online shopping.

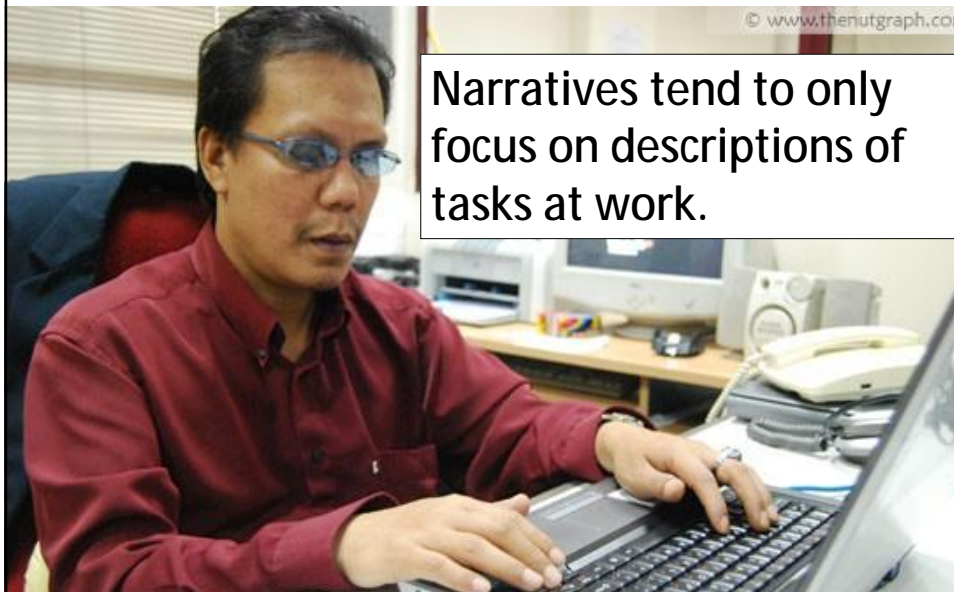
Friends.

Shop assistants.

Orientation & familiarisation.

Pickup arrangements.

Productivity: Work



Narratives tend to only focus on descriptions of tasks at work.

Productivity: Education

Responses vary according to individual / which framework was used first.

School experiences at corresponding life stage. (COPM first).



Things he did in school. (COPM first)



Productivity: Education

Ongoing informal education / Continuous learning (Kawa first)



Most memorable school experiences. (Kawa first)



Generation / age gap?



Productivity: Home Management

Typically outsourced:

Family members

Paid help

Otherwise develop
compensatory
strategies.



Leisure Activities



Categories inadequate



Creative Pursuits

Music

Singing

Deejaying

Literary Activities (Reading)



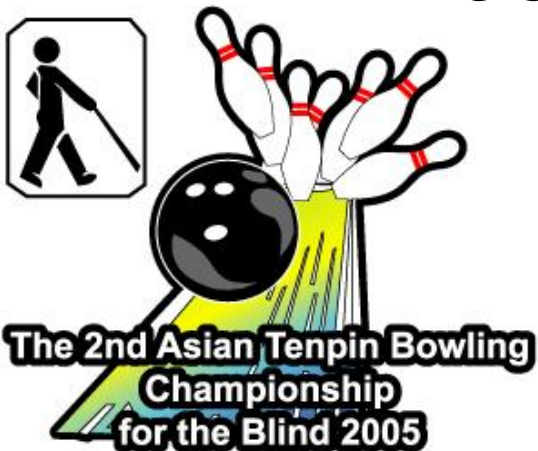


Technology-enhanced

Blogs / online news

Listening to international radio stations

Active Recreation







Outings & Travelling



Jalan-jalan Cari Makan





Guide dogs are not welcome in Malaysia. But the presidential security dog?

Traits

Kawa Model

CMOP

Driftwood / Rocks besides PEO.

PEO only.

Flexible structure.

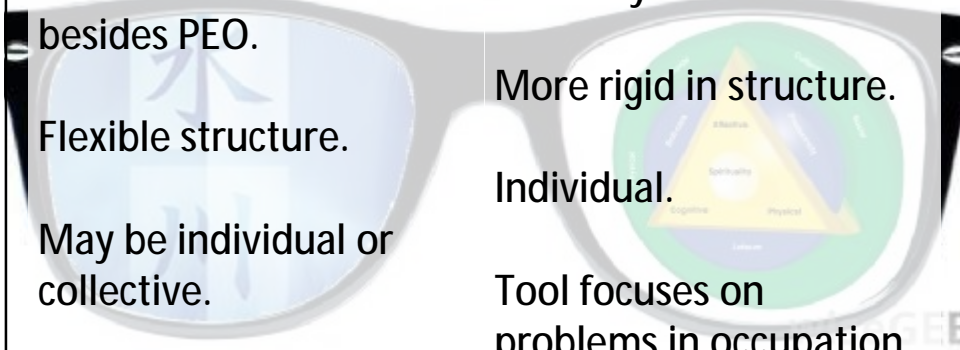
More rigid in structure.

May be individual or collective.

Individual.

Client determines focus (may not be occupation)

Tool focuses on problems in occupation.



User's POV: Kawa (Pros)

Easy to understand.

Covers wider spectrum due to lack of fixed structure.

Gives insight not only problems, but also traits that could help / hinder progress.



User's POV: Kawa (Cons)

Loose, flexible structure may be challenging for new users.

Strong emotional impact of narratives may be uncomfortable for interviewees to start off with.



User's POV: CMOP (Pros)

Structure of COPM elicits narratives which clients may not consider as important enough to talk about, but can generate helpful insights.

Eg. Community Management

Focus on occupations, more impersonal
good platform to start relationship
building before moving on to more
personal matters.



User's POV: CMOP (Cons)

What is “affective”? “Spirituality”? Institutional”?

Only provides guidelines for occupations /
occupational performance (COPM)

Due to COPM, easily focusing
entirely on occupations, may
neglect “person” and “environment”.

Occupations may not fit categories.



Conclusion

What is important to people with visual impairments:

Not just activities that they want and need to do everyday.

But also dynamic interactions that influence decision making process and motivations behind actions.

Influences: physical and social environments, values, beliefs, attitudes, principles, past experiences etc.

Conclusion

Kawa Model acknowledges and captures dynamic interactions.

COPM focuses exclusively on performance of activities.

In order for occupational therapy to be truly relevant and applicable to a specific client population, we must consider holistically their life perspectives embedded within the context surrounding them.

Ideally both frameworks can be used complementary to one another for a more overall comprehensive approach.

The End

Like this? [Fb.com/KawaModel](https://fb.com/KawaModel)



The image shows a screenshot of a Facebook page for the 'Kawa Model Community'. The cover photo features a hand holding a smartphone displaying the app's interface, with the text 'How's Your Life Flowing Today?' and 'COMING SOON TO THE APP STORE!'. The page has 5,754 likes and a post from 'Kawa Model' sharing a link about a Twitter session.

How's Your Life Flowing Today?

KAWA

- Based on the Kawa River Model
- Express yourself and what is affecting your life flow

COMING SOON TO THE APP STORE!

Kawa Model Community

Timeline About PicBadges Likes More +

PEOPLE >

5,754 likes

ABOUT >

📍 If your life was a river, how would you describe the flow of your river right now?

Kawa Model shared a link. 30 seconds ago · 48

For those of you asleep as the World-Japan Kawa Model Symposium is going on, there's an OTalk Session on Twitter #Kawa2014 #OTalk at 8pm UK time 17/6 (which is 4am Japan time 18/6) ... we're trying to get a special guest to show up on Kawa OTalk despite it being a rather unholy hour of the night in Japan, so stay tuned. 😊